

# TRAINING THREE-DAY DRESSAGE TEST

## U.S. EQUESTRIAN FEDERATION 2010 TRAINING THREE-DAY TEST

**Conditions:** 1) **Bridle:** A plain snaffle bridle, made entirely of leather or leather like material, with either a regular cavesson, a dropped noseband, a flash noseband or crossed noseband. For drawings of permitted bits and nosebands please see Appendix 4. 2) **Arena:** 20m x 40m (Small), or 20m x 60m (Standard) 3) **Time:** Approximately 4:00 mins. (Small Arena), or Approximately 6:00 mins. (Standard Arena)

| TEST  | DIRECTIVES  | Points |
|---|---|--------|
| 1. A Enter working trot.<br>C Track left working trot.  | Straightness on centerline.<br>Quality of trot, balance on turn.  | 10     |
| 2. E Turn left.<br>B Track right.   | Quality of turns, quality of trot<br>Straightness between, bending.   | 10     |
| 3. A Down centerline.<br>D-S (D-H) Leg yield left.  | Straightness, balance, position, flow.  | 10     |
| 4. H Working caner right lead.  | Calmness and smoothness of depart, quality of canter.   | 10     |
| 5. C Circle right 15 meters.  | Roundness and size of circle, bend, quality of canter.  | 10     |
| 6. M-F Lengthen stride in canter.   | The lengthening of frame and stride, regularity of canter, straightness.  | 10     |
| 7. F-A Develop working canter.  | Balance and definition of transition, quality of canter.  | 10     |
| 8. KXM Change rein.<br>X Working trot.  | Straightness, quality of canter and trot,<br>balance and smoothness of transition.                                      | 10     |
| 9. HXF Lengthen stride in trot, rising or sitting.<br>F Working trot.   | The lengthening of frame and stride, regularity of trot,<br>balance and smoothness of transition.                       | 10     |
| 10. E Circle right 20 meters rising trot, letting the horse stretch forward and downward.<br>Before E Shorten the reins.<br>E Working trot sitting. | Quality of stretch over back, forward and downward into a light contact while maintaining balance, and quality of trot. | 10     |
| 11. MXK Change rein. Lengthen stride in trot, rising or sitting.<br>K Working trot.   | The lengthening of frame and stride, regularity of trot,<br>balance, and smoothness of transition.                      | 10     |
| 12. A Halt, 5 seconds, proceed medium walk.   | Quality and immobility of halt, transitions from trot to halt and halt to walk.   | 10     |
| 13. F-K Half-circle left 20 meters free walk.   | Quality of free walk and accuracy of half circle.   | 10 x 2 |
| 14. K Medium walk.  | Transition and quality of medium walk.  | 10     |
| 15. Between K&A Working trot.   | Balance and smoothness of transition, quality of trot.  | 10     |
| 16. A Down centerline.<br>D-R (D-M) Leg yield right.  | Straightness, balance, position, flow.  | 10     |
| 17. M Working canter left lead.   | Calmness and smoothness of depart, quality of canter.   | 10     |
| 18. C Circle left 15 meters.  | Roundness and size of circle, bend, quality of canter.  | 10     |
| 19. H-K Lengthen stride in canter.  | The lengthening of frame and stride, regularity of canter, straightness.  | 10     |
| 20. K-A Develop working canter.   | Balance and definition of transition, quality of canter.  | 10     |
| 21. FXH Change rein.<br>X Working trot.   | Straightness, quality of canter and trot, balance, and smoothness of transition.  | 10     |
| 22. B Half-circle right 10 meters.  | Quality of trot, quality and bend of half-circle, straightness on centerline.   | 10     |
| 23. G Halt, salute.   | Quality of transition and halt, attention and immobility.   | 10     |

Leave arena at walk at A. All trot work may be performed rising or sitting unless stated otherwise.

### COLLECTIVE MARKS:

|            |   |    |
|------------|---|----|
| Gaits      | Freedom and regularity.   | 10 |
| Impulsion  | Desire to move forward. Elasticity of the steps. Suppleness of the back and engagement of the hind quarters | 10 |
| Submission | Acceptance of the bridle. Attention and confidence. Harmony. Lightness of the forehead. Ease of movements.  | 10 |
| Rider      | Position and seat. Correctness and effect of the aids.  | 10 |

Effective Date: April 1, 2010. Reprinted with permission of the U.S. Equestrian Federation.  
©2010 United States Equestrian Federation®. All Rights Reserved. Reproduction without permission prohibited by law.

**Total possible points: 280**